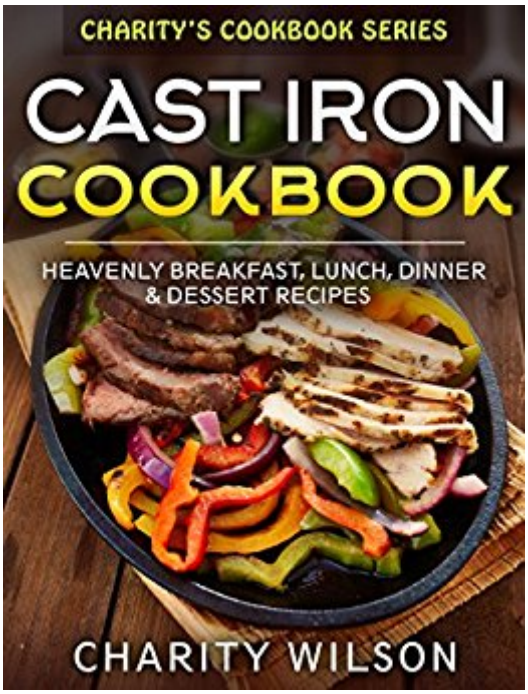
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Cast Iron Cookbook: Heavenly Breakfast, Lunch, Dinner & Dessert Recipes



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Synopsis

Then just write out the recipes you love in a Blank Book Billionaire blank recipe book. You can find some great options by searching My Recipe Journal right here in . Cast Iron Cookbook Box SetYou are about to discover over 140 cast iron recipes that will take you back to grandmaÃ¢â ¬â„¢s kitchen.Cast Iron Recipes Just For YouCast iron skillet cooking is making a serious comeback finally. Cast iron has always been known to have even heating, great heat retention and is so versatile you can use it on a grill, toss it in the oven or even use it over an open flame. Yet very few people were using it.Some people claim to have been handed down cast iron cookware that is 150 years old. That is amazing. Maybe a bunch of grandmas got together and decided it was time to revive cast iron cooking from the slow death it was experiencing. Who knows and really who cares, you just want to eat great tasting food.WhatÃ¢â ¬â„¢s So Great About Cast Iron CookwareFor starters, there is the nostalgic feeling you get cooking with them if your family were avid users when you were a kid or those grandparents you only saw once in a while. The flavoring is just better in cast iron as it seems to release its own unique taste. It somehow captures the aromas of many delicious meals and melds it with whatever you are cooking.Cleaning cast iron is not near as difficult as you have been led to believe. Just clean it while it is still warm instead of waiting until all the food is baked right on. You donÃ¢â ¬â„¢t want to use soap on it and can just use hot water. Now if you love to cook and then soak your pans cast iron will not be your friend.You do not want to soak cast iron as it might rust and then you will really need to do some work. You do need to season your skillet after buying it which does take about an hour (instructions inside) but then you have a skillet that will last for years and years.Cooking with cast iron is more convenient than traditional pans. You can start the recipe on top of the stove and then finish it off in the oven without changing anything. Just slide the skillet in. Or put the pan right in the oven to start and when it is done serve it right from the pan. Who needs casserole dishes?You can essentially make any recipe you can imagine in a cast iron skillet.LetÃ¢â ¬â„¢s Get To Cooking!You donÃ¢â ¬â„¢t need a big book description, you need to start smelling that cast iron skillet cooking up a delicious meal.Scroll up and hit the buy button right away.

Book Information

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Customer Reviews

I don’t get it?? It says it’s a box set. Even the introduction says "here are the BOOKS you will find inside". But it’s actually just one book. The recipes might be good, but I still feel cheated.

It’s, kind-of, like any old recipe book. They just put Cast Iron Cookbook on the cover. Can’t beat the price, though. All-in-all, it’s better than a two, but not quite a three.

This book is a great book for anyone wanting to invest in cast iron cook ware. I have always cooked on cast iron, and have been around cast iron cooking all my life. this book seems to reaffirm what my mother and grandmother have always said. I love the recipes because that is what i have been lacking.

Easy and normal recipes with easy ingredients

This is a fun and informative book for any cast iron cook, novice or expert. As it happens I’ve been cooking with cast iron for over half-century and own literally hundreds of pounds of cast iron cookware. And I use it almost every day. Some have accused me of being afflicted with ferronic fixation disorder.

Lodge is the only cast iron cookware made exclusively in the U.S (to my knowledge) and their understanding of cooking using their equipment makes them my choice. The cookbook contains classic and updated recipes to inspire the experienced cook and hand-hold the new-to-the-kitchen cook as well.

I love cooking with my many cast iron skillets. Foods cook faster and very tasty. Really happy to be able to purchase these books.

Lots of delightful recipes for Breakfast, Lunch, Dinner, & Desserts! Recipes are easy to read & simple to follow.

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